

Nevada Obesity Collaborative May 2, 2024 | 9:00 AM - 10:00 AM

Our mission is to focus on awareness through education on the science of obesity while changing the perception and stigma, formulating a step approach for obesity management, and ultimately reducing obesity across the state as well as the co-morbid conditions associated with it. Obesity is a chronic and progressive disease but is often not treated the same as other chronic conditions.

Zoom Meeting Link: https://us02web.zoom.us/j/84534655647

9:00 AM - 9:05 AM | Welcome

9:05 AM - 9:10 AM | Thank you Lisa Sheretz & Eva Sandoval from Northern Nevada Public Health for their presentation last meeting (<u>Presentation</u>)

March 2024 Youth and Adult Obesity in Washoe County

9:10 AM - 9:15 AM | Introduce Chad Kingsley, the new District Health Officer for Northern Nevada Public Health

9:15 AM - 9:20 AM | Review the 2023-2028 Silver State Health Improvement Plan (Link) on Obesity Factors

- Food Insecurity (Page 12)
 - 1 in 8 adults (13%) and 1 in 5 children (20%) in Nevada face food insecurities
 - Nevada Council on Food Security 2023 Annual Report (Link)
- > Air Pollution (Page 18)
 - Reno makes worst air quality list in annual report card (<u>Article Link</u>)
- Housing (Page 22)

9:20 AM - 9:25 AM | Review Three-Year Strategic Plan (Link)

- > This strategic plan provides a roadmap for the way ahead.
- ➤ If you want to partner with the Nevada Division of Public and Behavioral Health (DPBH) reach out to Patricia Segura by calling (775) 546-5834 or emailing psegura@health.nv.gov

9:25 AM - 9:30 AM | Nevada State Health Assessment (Link) and Obesity

9:30 AM - 9:35 AM | The State of Obesity 2023 'Better Policies for a Healthier America' (Link)

To make progress in preventing obesity across U.S. populations and geographies, the government needs to:

Significantly expand proven policy interventions and programs—and their funding—to reach more people and communities;

- > Fill persistent gaps to improve food and nutrition access;
- Have key sectors prioritize systemic changes in nutrition and healthy eating, including the food and beverage manufacturers, healthcare, and education systems; and
- Make systemic changes to improve social and economic conditions and eliminate structural inequities—so all communities in the United States have the resources to promote healthy eating and physical activity and support the health and well-being for all.

9:35 AM - 9:50 AM | Presentation from Dr. Traci Biondi, Chief Medical Officer from Prominence Health (<u>Presentation</u>)

9:55 AM - 9:56 AM | Promote NOC Members at the 2024 Business Expo on May 9th (Press Release)

- > Date: May 9th, 2024 | Time: 10:00 AM to 2:00 PM | Reno-Sparks Convention Center
- > Set-Up Date & Time: May 8th 8am-9pm | 10 x 10 space, 8 foot table & 2 chairs.

9:57 AM - 9:58 AM | 1,000,000 Steps Challenge (Flyer) & Cheat Sheet (Flyer)

9:58 AM – 10:00 AM | Next Meeting is July 11, 2024 at 09:00 AM with a presentation from Nevada Business Group on Health

Future Meetings Dates & Starting Time Sep 5, 2024 09:00 AM Nov 7, 2024 09:00 AM Jan 9, 2025 09:00 AM

